

Module 1: The Truth About Online Dating

# Lesson 2: The “Magnetic” Online Dating **Mindset**



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Like with anything in life,  
success with online dating is  
a **mental game**.

And really quickly I want to  
talk about the **mental  
attitude** you need to have  
to have any chance at all of  
finding love, lust or even  
just companionship online.



First let's talk about the mindset most women have when they dive into online dating for the first, second or fiftieth time and the **self-fulfilling** prophecy of failure it creates.

And to do this let's use a typical online-dater who I like to call Carol.





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- Carol thinks online dating can “never work for her,” but she’s too old and has too much self-respect to go to clubs.



And Carol is **lonely.**

**Desperately lonely.**

After her kids are asleep, Carol lays in bed at night feeling a **need** through her body and her soul for a man who desires her. For a man who makes her feel safe. And for a man she can actually **trust** (though she's felt her ability to trust a man wither to dust year after year after guy after guy broke her heart.)

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- Doesn't really like or trust men.
- Setting herself up for failure (in fact failure would feel like a “win” because it proves this online dating thing doesn't work. Ha!)

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- Love and appreciate men for who we REALLY are, not for the fantasy you've wished they were since you were a little girl.
- See meeting men as a GAME that's actually FUN as opposed to some horrible chore and a chance to have your self esteem shredded like beef on a taco.

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- Because there's simply nothing more attractive to **good** men than a woman who has real self esteem, likes who she is and doesn't **need** a man in order to feel good about herself.
- Plain and simple, the more you love yourself (without getting egotistical about it) the more the man of your dreams will love you and the more successful your relationship will be.

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- This will be hard. Your ego and self loathing will RAGE and insist that you talk about the bad things about yourself. Don't do it.
- Once you've finished the "Game" and posted it, move on to module 2 where I give you a guided tour of how MEN use online dating. (fun!)